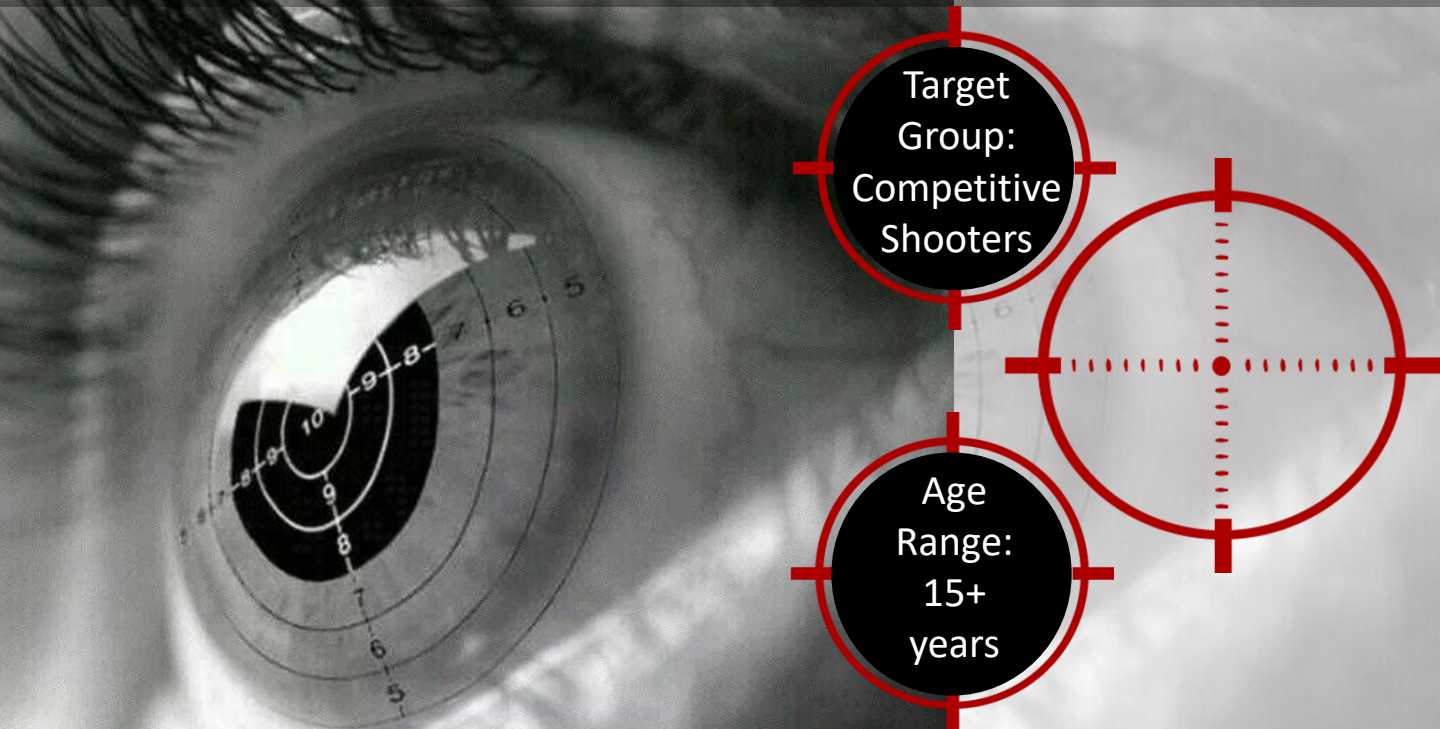




UNIVERSITY OF
TORONTO

JOIN THE STUDY TO HELP IN ADVANCING RESEARCH IN AIMING SPORT PSYCHOLOGY

Stress and Coping among Canadian Biathletes



Target
Group:
Competitive
Shooters

Age
Range:
15+
years

We are currently conducting a new research study across Canada to explore sources of stress, coping styles and coping effectiveness among competitive biathletes.

The potential benefit of participating in this study is that you may learn how you deal with sport-related stressors during practice and competitions. You may also learn new ways of dealing and coping with stressful situations. At the end of the study, all participants will be provided with a summary of the study's results upon request.

TO PARTICIPATE IN THE STUDY PROCEED WITH THE FOLLOWING LINK:

<https://goo.gl/forms/IznxqdzU7EbUEaZv2>

(or click on the link given in the email)

Once you complete the form, press the 'Submit' button and the form will be automatically submitted with us.

If you have questions about this study, or about the information used for research purposes, you may contact Dr. Katherine Tamminen, an assistant professor at the University of Toronto, Faculty of Kinesiology, and Physical Education, as well as the primary investigator, Chandan Preet, for this study (416-946-4048, or email: katherine.tamminen@utoronto.ca). You may also contact the Office of Research Ethics at ethics.review@utoronto.ca or 416-946-3273 if you have questions about your rights as a participant.