



# ATHLETE MANUAL

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Canada



viaSPORT  
BRITISH COLUMBIA



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## PREAMBLE

The BiBC Athlete Manual is the document that directs BiBC's athlete selection principles. The foundation for this program evolves from BiBC's Strategic Plan.

The Athlete Development Committee (ADC) will maintain and implement the Athlete Manual.

## COVID-19 CONSIDERATIONS

BiBC is carefully following the evolution of Covid-19 on the global and domestic level and how it may impact the 2020/2021 Biathlon season. However, situations related to the Covid-19 pandemic may arise that may effect the implementation of the selection procedures outlined in this athlete's manual. Any modifications to the selection procedure due to the effects of Covid-19 will be developed by the Athlete Development Committee and communicated to the Biathlon BC community as soon as possible.

## 1. INTRODUCTION

### 1.1 Definitions

**"ADC"** means the BiBC Athlete Development Committee.

**"Board"** means the Board of Directors of BiBC.

**"CWG"** means Canada Winter Games.

**"Full Athlete Membership"** means an Athlete (Jr. B/G and younger), Athlete (Senior B/G and older) or Masters Athlete membership with BiBC.

**"IBU"**: means the International Biathlon Union.

**"IBU Category Athlete"**: means those athletes who compete in the Youth Women/Men, Junior Men/Women or Senior Men/Women categories as defined by the IBU.

**"Nationals"** means the Canadian Biathlon Championships.

**"PAL"** means Possession and Acquisition license and/or Minor's License as required by the government of Canada to purchase, possess a firearm and purchase ammunition.

**"Squad"** means any of the athlete training and development groups formed by the ADC.

**"Team"** means any of the competitive teams formed by the ADC, representing Biathlon BC and/or the Province of B.C. in inter-provincial competition.

### 1.2 This Manual

Athletes are reminded that they are entitled to all of the privileges of membership in BiBC and incur all of the obligations that go with these privileges. This Manual sets out additional benefits and obligations available to members who are registered with BiBC as athletes.

Contained in this Manual are:

- a. Biathlon BC Athlete Development and Sport System Models
- b. Qualification Procedures for all squads and teams
- c. Squad Selection Criteria
- d. CWG Development Phases and Team Selection
- e. BC Cup Points System
- f. Appeals Process
- g. CSI Carding Criteria

Athletes should make themselves familiar with the general policies of Biathlon BC that are available on the website. Athlete behaviour will be governed by the following policies of Biathlon BC:

- a. Code of Conduct
- b. Bullying and Harassment Policy
- c. Fair Play Policy
- d. Equity and Access Policy
- e. Drug Free Environment Policy
- f. Biathlon BC Communication and Social Media Policy

### **1.3 Eligibility for Biathlon BC Programs**

To be eligible to participate in any of BiBC's athlete programs, an athlete must:

- have a current "Full Athlete Membership" with BiBC;
- pay all membership fees and any other outstanding fees in full;
- complete, sign and submit a BiBC Athlete Agreement;
- fulfill the PAL requirements as described in Section 1.4;
- be in compliance with BiBC's policies, procedures and guidelines.

### **1.4 Possession and Acquisition Licence (PAL)**

All members of BiBC Squads or Teams must have a valid Canadian firearms License (PAL or Minor's License), or provide evidence of having successfully completed the firearms course and PAL application.

## **2. BIATHLON BC ATHLETE DEVELOPMENT AND SPORT SYSTEM MODELS**

The following diagram summarizes both the Athlete Development and the Biathlon Sport System Models. As far as possible, BiBC will follow the Biathlon Canada Long Term Athlete Development Model.

Event Type	LTAD Stage	Team/Squad Carding	Organization Level
Olympic Winter Games	T2W (males 21+) (females 21+)	Biathlon Canada Teams / Biathlon BC HP Squad National Sport Carding	Biathlon Canada (Senior National Team, Senior National Development Team, U24 Team, U20 Team), Biathlon Canada approved Training Centres, Biathlon BC High Performance Squad
World Championships			
World Cup Races			
IBU Cup Races			
World Junior Championships	T2C (males 17-20) (females 17-20)	Biathlon BC Performance Squad Provincial Sport Carding	Biathlon BC (Performance Squad, Canada Winter Games team, Development Squad, Talent Squad)
Junior IBU Cup			
World Youth Championships			
Youth Olympic Games			
Canada Winter Games	T2T (males 13-16) (females 13-16)	Biathlon BC Dev Squad Provincial Sport Carding	Biathlon BC (Performance Squad, Canada Winter Games team, Development Squad, Talent Squad)
Canadian National Championships			
North American Cups			
Western/Eastern Championships			
BC Championships /BC Cup Series	L2T (10-12)	Biathlon BC Talent Squad / Home Clubs	Home Clubs
Cadet Nationals /Cadet Provincials			
BC Winter Games			
Regional Race/U13 Championships			

The provincial level selection processes are used to select BiBC athletes for the BC Training Squads, BC Canada Winter Games Team, and Performance based athlete grants.

BiBC athletes that are selected for one of the Squads (Talent, Development, Performance, and High Performance) may be invited to off-season camps for further training and are targeted by the Provincial Coach for specific skill development. All maturing athletes are encouraged to take coaching or officials courses and continue to participate in the sport as recreational and/or masters athletes if they choose not to pursue high performance.

### 3. QUALIFICATION PROCEDURES FOR SQUADS, TEAMS, AND PERFORMANCE BASED GRANTS

#### 3.1 General Definitions

To qualify, all athletes must meet a pre-defined performance standard set by the ADC. This standard is based on an athlete's best performances of the season.

The best performances for an athlete are chosen from their Competition Percentages at Qualifying Competitions. Competition Percentages are calculated by dividing an **athlete's finish time** by the **average finish times of the top three finishers** in the competition.

In a Pursuit competition, competition percentages will be calculated using the actual start times of the athletes. In a Super Sprint competition, the qualifier will be used as the Qualifying Competition.

#### SAMPLE COMPETITION PERCENTAGE CALCULATION

First place finisher's time: 22:01

Second place finisher's time: 22:47

Third place finisher's time: 22:50

Athlete A's finishing time: 23:56

Average finish time of top 3 finishers =  $(22:01 + 22:47 + 22:50) / 3 = 22:32.7$

Average finish time of top 3 finishers = 22:32.7

Athlete A's competition percentage =  $22:32.7 / 23:56 = 94.19\%$

Athlete A's competition percentage = 94.19%

### 3.2 Qualifying Competitions

See **Appendix A** for the Qualifying Competitions for the current season.

### 3.3 Exemptions to Performance Thresholds

The ADC may exercise its discretion to nominate to the Talent Squad or the Development Squad any athlete whose average Competition Percentage is within two percentage points of attaining the selection criteria. When deciding whether to exercise this discretion, the ADC will consider such factors as:

- a) size of the squad;
- b) current and historical results in biathlon and cross-country ski races;
- c) available resources for the squad, and
- d) the level of competition at the events the athlete competed in.

### 3.4 Discretionary Selections to the Performance Squad

Should fewer than the maximum number of athletes meet the selection criteria for the Performance Squad, the ADC may fill the positions at its discretion, or leave the positions unfilled.

When deciding whether to exercise its discretion to fill a position on the Performance Squad, the ADC shall consider the following factors in its decision:

- a) current and historical results, including but not limited to Biathlon NorAms, Cross-country NorAms, YWJCH Trials, and biathlon and cross country provincial cups;
- b) athlete commitment to training as demonstrated in a YTP, testing results, and/or letter of recommendation from a certified coach; and
- c) illness, injury or force majeure;
- d) gender balance considerations.

## SELECTION OF MEMBERS FOR BIATHLON BC SQUADS

### 4.1 General

Squad members are nominated on the basis of their performances at provincial, national and international competitions. Athletes are selected to the Squads for the term of one season (May 1<sup>st</sup> – April 1<sup>st</sup>). Squad athletes are not guaranteed selection for any inter-provincial or international competitions.

An initial list of Squad nominees will be posted on the BiBC website and sent to all clubs by April 30th each year. The final list of all accepted Squad athletes will be confirmed as soon as possible and will be posted on the BiBC website.

The ADC may consider Force Majeure or Medical Exemptions in filling positions on the squads. In order to be considered in squad selection, it is the responsibility of the athlete to submit a request for consideration of Force Majeure or Medical Exemption to the ADC by April 15th.

## 4.2 High Performance Squad

Primary Objectives	Provide support to athletes who have transitioned to Biathlon Canada approved training centres and high performance clubs.
Number of Athletes	No Maximum
Environment	No centralized training to be provided. Services to be provided remotely.
Program	Grants may be available to High Performance Squad members who meet the grant criteria. The grant criteria and the value of the grants will be determined annually.
Cost	To be defined once 2021-2022 budget is confirmed
Eligibility	To be eligible for the High Performance Squad, athletes must: <ul style="list-style-type: none"> <li>a) be 18 or older as of December 31;</li> <li>b) meet the eligibility requirements outlined in section 1.3</li> <li>c) Biathlon BC is the only division the athlete was registered with in the previous season; and</li> <li>d) be registered with Canadian Sport Institute Pacific / PacificSport at Provincial Development Level 1 or higher.</li> </ul>
Selection Criteria	All eligible athletes will be nominated for the High Performance Squad.

## 4.3 Performance Squad

Primary Objectives	<p>Provide top performing Development Squad members with additional training opportunities, assessments, and technical support;</p> <p>Provide camps alongside post-secondary training centres; to provide a smooth transition to post-secondary training centres; and</p> <p>Develop U19 athletes to be medalists at the national level and competitive internationally.</p>
Number of Athletes	Maximum of 5 male athletes and 5 female athletes
Environment	Training camps, and other services provided remotely
Program	Performance Squad members are required to Development Squad camps, as well as additional camps. Members are monitored by the Provincial Coach, and receive financial subsidies for testing and other sport services (TBD).
Cost	To be defined once 2021-2022 budget is confirmed
Eligibility	To be eligible for the Performance Squad, athletes must: <ul style="list-style-type: none"> <li>a) be born in 2002-2005 inclusively.</li> <li>b) meet the eligibility requirements outlined in section 1.3.</li> <li>c) have competed in the Senior Boy/Girl or Youth Men/Women categories in the previous 12 months.</li> <li>d) register with CSI/Pacific Sport if nominated for carding.</li> </ul>

Selection Criteria	<p>Athletes will be nominated to the Performance Squad using the following ranked criteria:</p> <ol style="list-style-type: none"> <li>1. The top ranked male athlete and the top ranked female athlete, based on their average Competition Percentage from their best three Qualifying Competitions in the Youth Men/Women categories in the past 12 months;</li> <li>2. The top ranked male athlete and the top ranked female athlete, based on their average Competition Percentage from their best two individual competitions in the Senior Boys/Girls categories at Nationals in the past 12 months,</li> <li>3. Athletes who have an average Competition Percentage of at least 90% from their best three Qualifying Competitions in the Youth Men/Women categories in the past 12 months;</li> <li>4. Athletes who have an average Competition Percentage of at least 95% from their best two competitions at Nationals in the Senior Boys/Girls categories at in the past 12 months,</li> <li>5. Discretionary selection of the ADC.</li> </ol>
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#### 4.4 Development Squad

Primary Objectives	<p>Prepare athletes to compete at Nationals and to progress to the Performance Squad or a post secondary training environment;</p> <p>Provide an inclusive environment that adheres to True Sport principles;</p>
Number of Athletes	Maximum of 22 athletes, although camp sizes may be limited based on coach and other resources. If the Performance Squad is not filled to capacity, any unfilled Performance Squad positions will be allocated to the Development Squad.
Environment	Camp-based, with other services to be provided remotely
Program	Three camps will be offered in the Spring, Summer and Fall
Cost	To be defined once 2021-2022 budget is confirmed
Eligibility	<p>To be eligible for the Development Squad, athletes must:</p> <ol style="list-style-type: none"> <li>a) be born in 2002-2005 inclusively.</li> <li>b) meet the eligibility requirements outlined in section 1.3</li> <li>c) have competed in the Senior Boy/Girl or Youth Men/Women categories in the previous 12 months.</li> <li>d) register with CSI/Pacific Sport if nominated for carding.</li> </ol>
Selection Criteria	<p>Athletes will be nominated to the Development Squad if they have achieved an average Competition Percentage of:</p> <ol style="list-style-type: none"> <li>a) 80% from their best two competitions at Nationals in the past 12 months; or</li> <li>b) 85% from their best four Qualifying Competitions in the past 12 months.</li> </ol> <p>Development Squad athletes will be ranked with priority given to results at Nationals.</p>



## 4.5 Talent Squad

Primary Objectives	<p>Prepare athletes to compete at BC Cups and to progress to the Development Squad;</p> <p>Provide an inclusive environment that adheres to True Sport Principles;</p> <p>Skill development and club coach development.</p>
Number of Athletes	Maximum of 32 athletes, although camp sizes may be limited based on coach and other resources
Environment	Camp-based
Program	Two camps will be offered in the Summer and Fall
Cost	To be defined once 2021-2022 budget is confirmed
Eligibility	<p>To be eligible for the Talent Squad, athletes must:</p> <ul style="list-style-type: none"> <li>a) be born in 2005-2007 inclusively</li> <li>b) meet the eligibility requirements outlined in section 1.3</li> <li>c) have competed in the Junior Boy/Girl categories in the previous 12 months.</li> </ul>
Selection Criteria	Athletes will be nominated to the Talent Squad if they have achieved an average Competition Percentage of 85% from their best two Qualifying Competitions in the previous 12 months.

## 5. GUIDELINES FOR BC ATHLETES COMPETING AT NATIONALS

### 5.1 Preamble and Guiding Principles

All BC athletes who have demonstrated an ability to meaningfully compete at Nationals shall have the opportunity to register provided that:

- a) They are approved by a Competition-Introduction certified coach;
- b) They are in good standing with their club;
- c) They have a PAL or Minor's License; and
- d) They have a Full Athlete Membership.

Nationals is used by BiBC in its criteria for nomination to the Squads and for Canadian Sport Institute / PacificSport athlete registration. In an effort to help athletes achieve their best possible performance at Nationals, BiBC may provide support to a select group of athletes from all categories. This support will vary from year to year with BIBC budget and location of Nationals. This support may take the form of technical support, grants and/or clothing.

### 5.2 Team Uniforms

There may be special clothing items given to athletes who are supported by BIBC. It is important that athletes wearing the BIBC uniform be aware that they are role models representing BiBC and the sport of Biathlon.

## **6. SELECTION OF CANADA WINTER GAMES TEAM**

### **6.1 CWG Athlete Development Model**

Only athletes who the eligibility requirements for Biathlon BC programs outlined in section 1.3 for the duration of both the 2021-2022 and 2022-2023 seasons, and who meet the eligibility criteria as set out by the CWG Organizing Committee, Biathlon Canada, Sport Canada or any other organizing body which has the authority to set CWG eligibility criteria, will be eligible to represent the province of British Columbia at the 2023 CWG.

Final selection procedures will follow criteria published prior to the 2022-2023 season, and may consist of one or more tests of performance, such as selection competitions, fitness tests, or shooting tests.

## **7. BC CUP POINTS SYSTEM**

### **7.1 BC Cup Points**

BC Cup Points are used for calculating awards on the individual and club level. Points are awarded in the following categories:

- Junior Girl / Boy
- Senior Girl / Boy
- Youth Women / Men
- Junior Women / Men
- Women / Men
- Masters Women / Men 35
- Masters Women / Men 50
- Sport Women / Men

### **7.2 BC Cup Points Calculations**

Points are calculated based on the IBU World Cup Scoring System Section 3 Article 15.8.2.1.

### **7.3 BC Cup Awards**

Individual Aggregate Awards will be presented to the athletes who have the most BC Cup points in each of the categories in section 7.1. Individuals who have the most BC Cup points in multiple categories will only be awarded one Individual Aggregate Award in the category in which they have the most points.

The Club Aggregate Award will be awarded to the club with the highest number of BC Cup points for all of its competitors at all BC Cups during the season.

## **8. APPEALS FOR ALL SQUADS, GRANTS, AWARDS, AND TEAMS**

The ADC will formally communicate all selections, grants and awards to all impacted athletes. Cases of incorrect calculation, omission, or process should be brought to the attention of the ADC immediately. If the selection remains in dispute, appeal of selection is subject to the Biathlon BC Dispute Resolution and Appeals Policy.

## **APPENDIX A - QUALIFYING COMPETITIONS FOR 2020-2021 SEASON**

The ADC has designated the following biathlon events in the 2020-2021 season as the official Qualifying Competitions used to determine the Squads for the 2021-2022 season.

### **Junior Boys and Junior Girls**

2020-21 Biathlon BC Cup Competitions

### **Senior Boys and Senior Girls**

2020-21 Biathlon BC Cup Competitions

2021 Canadian Biathlon National Championships

### **IBU Category Athletes**

2020-21 North American Open Competitions

2021 Biathlon Canada Youth/Junior World Championships Trials

2021 Canadian Biathlon National Championships

## APPENDIX B – CANADIAN SPORT INSTITUTE PACIFIC / PACIFICSport REGISTRATION CRITERIA

Biathlon BC will nominate athletes, who make specific criteria, which sometimes differs from BiBC Squad Criteria, to Canadian Sports Institute Pacific or PacificSport to receive athlete “carding”. A carded athlete is eligible to receive sport specific services from CSI Pacific or PacificSport. These services may differ depending on which level of carding an athlete is nominated for, and which campus they register with. Carding is aimed at helping athletes meet their goals in sport, as well as assessing Biathlon BC’s athlete development.

The following is a summary of the sport specific criteria for Canadian Sport Institute Pacific / PacificSport athlete registration. For complete details about this program, including the core eligibility criteria, visit <https://www.csipacific.ca/athletes/eligibility/sports/>

<b>Podium / Canadian Elite</b>	Athletes who appear on the Sport Canada AAP Carding List.
<b>Canadian Development</b>	a) Athletes who are on either the Senior National Training Team or Senior National Development Training Team, and who are not Sport Canada AAP Carded; OR b) Athletes who represented Canada in the previous 12 months at the World Cup or IBU Cup (or other “B-Tour” events); OR c) Athletes who are on the National U24 Training Team.
<b>Provincial Development Level 1</b>	a) Athletes who qualified to represent Canada in the previous 12 months at the IBU Junior Cup, the IBU Youth/Junior World Championships, or the Youth Olympic Games; OR b) Athletes who achieved an average Competition Percentage of at least 90% from their best three performances the Canadian Biathlon Championships, the Youth/Junior World Championships Trials, and the North American Cups in the Junior Men/Women or Youth Men/Women categories in the previous 12 months; OR c) Athletes who are on the U20 National Development Training Team.
<b>Provincial Development Level 2</b>	a) Athletes who achieved an average Competition Percentage of at least 85% from their best three performances the Canadian Biathlon Championships, the Youth/Junior World Championships Trials, and the North American Cups in the Junior Men/Women or Youth Men/Women categories in the previous 12 months; OR b) Athletes who achieved an average Competition Percentage of at least 85% from their best two performances at the Canadian Biathlon Championships in the Senior Boy/Girl categories in the previous 12 months; OR c) Athletes who achieved an average Competition Percentage of at least 90% from their best three performances at the Western Canadian Championships and the BC Cups in the Senior Boys/Girls categories in the previous 12 months.