

**Sea to Sky  
Nordics**



Cordially invite you to

## **BC Cup 1**

presented by



***RUNDLE***

**WHISTLER**  
HALF MARATHON

Presented by  
**Smartwool.**  
go far. feel good.

**NEW DATE \*February 11-13, 2022**

**Whistler Olympic Park, British Columbia, Canada**



Biathlon [BC Cup 1 Registration link](#)

## **Covid 19 Protocols**

Please be advised that the organizing committee and Sea to Sky Nordics will be following all Provincial Health orders relating to Covid-19 protocols. Current PHO Orders require all coaches, volunteers and other adult participants to have double vaccinations in order to participate in youth sport.

In addition, BC Cup 1 has a **mandatory double vaccination policy** for all participants (athletes, coaches, volunteers, officials). All participants who are eligible to be vaccinated must provide proof of vaccination upon arrival. Failure to produce your vaccine passport and government ID will forfeit your participation in the event and you will be asked to leave the event. No refunds for athletes will be provided for failure to provide your vaccine passport. Current provincial health orders require all volunteers, coaches and officials to be vaccinated, so we will be requiring proof before entry to the race venue.

### **1. General Information**

#### **Competition Venue**

Whistler Olympic Park hosted the Nordic events for the 2010 Winter Olympic Games. The biathlon stadium features 30 electronic HoRa targets, with covered canopy and lights. The trails are open with natural snow from mid-November until mid-April. There are fourteen on-trail wax cabins within 100 metres of the range. The range is at 870 metres elevation. The highest point on course is at 890m elevation and the lowest point is at 849m elevation.

Whistler Olympic Park is located 16km south of Whistler and 40km north of Squamish on Highway 99, then 9km West on Callaghan Valley Road.

Course maps and stadium diagrams are available on the Sea to Sky Nordics [BC Cup 1 Event page](#).

## **Competition Committee and Contact Information**

Please direct any questions regarding this invitation to Pauline Lysaght, Organizing Committee Chair, at [paulinelysaght1@gmail.com](mailto:paulinelysaght1@gmail.com).

The Competition Office is located in the downstairs of the Biathlon Technical Building, and will be open from **11:00-15:00 on February 10/11 and from 8:00-16:00 on February 12/13, 2022**.

|                          |                                |
|--------------------------|--------------------------------|
| Co-Heads of Competition: | Pauline Lysaght and Dave Clark |
| Competition Secretary:   | Barbara Breuner                |
| Heads of Range:          | Stephane Deseau/Andrew Benson  |
| Head of Timing:          | Anne Clifford                  |
| Chief of Course:         | James Griffiths                |
| Chief of Stadium:        | Russ Schick                    |
| Volunteer Liaison:       | Sheelagh Davis                 |
| Technical Delegate:      | Clay Whitman                   |

## **Rifle Import Regulations**

Teams and individual competitors from outside of Canada must declare their rifles at the Canadian border, complete the necessary documentation, and pay the required fees when bringing rifles and ammunition into Canada. All athletes must register their own rifles and pay the applicable fee. Refer to the [RCMP Firearms Program](#) to obtain a Non-Resident Firearms Declaration.

## **Rules**

International Biathlon Union (IBU) rules and regulations shall apply as fully as possible to all classes. Specific rules for classes not covered in IBU rules contained in the current hosting policies of Biathlon Canada and Biathlon BC shall apply to those classes.

## **Eligibility to Enter**

All competitors must be registered participants with Biathlon BC or an equivalent Provincial or State organization to enter.

Biathlon BC members in good standing are eligible to receive full benefit of results in Biathlon BC programs, such as BC Cup points, team or squad selections. Any member of Biathlon Canada or other IBU Nations in good standing may enter, but will not be eligible for Biathlon BC programs and awards.

## **Training**

The range will be open for official training on **February 11 from 11:00-14:30**. All athletes must have a trail ticket to participate in the official training session. Athletes can purchase discounted trail passes to Whistler Olympic Park (\$16.50 per adult, \$7.90 per youth plus 5% GST) through the Zone4 registration link - [Biathlon BC Cup 1 Registration link](#). Anyone who will be skiing requires a trail pass. Please note that volunteers, officials and coaches are required to register through Zone4, but there is no cost for these tickets. Your name must be on the registration list for entry. We encourage parents and spectators to purchase tickets online ahead of time to speed up the gate entry process if you are not attending the event in an official/volunteer/coach capacity.

## **2. Competition Information**

### **Entry Fees**

\$40 per athlete (\$35 for Novice/Juvenile), per competition. Trail passes for competitions and zone4 processing fees are included with the entry fee.

**Dinner/Banquet - CANCELLED Due to Covid restrictions on gatherings. If you purchased tickets for the banquet, we will be refunding those amounts at the end of the event.**

Lunch tickets will still be available for purchase through Zone4 for Saturday and Sunday. Lunch will be provided to all volunteers and officials on Saturday and Sunday - another great reason to volunteer! Athletes, coaches and other participants may purchase lunch tickets for \$8.00. Given the distance from the biathlon range to the day lodge and a cross country Coast Cup on the same weekend, we recommend either purchasing lunch, or bringing your own. Limited lunch tickets will be available on the days of competition.

### **Registration**

All individuals who wish to attend, including athletes, coaches, and team support personnel must register in advance. Finalized registrations are due by **February 3, 2022 at 23:59** through [Biathlon BC Cup 1 Registration Link](#). No entries will be accepted after this time.

Entries will be confirmed on **February 11, 2022** at the Team Captains Meeting.

## Cancellation Policy

If an athlete withdraws before **February 3, 2022**, a \$15 processing fee will apply before a refund is sent. No refunds will be given after this date. If the event is canceled by the organizers for any reason, full refunds will be provided.

## Classes of Competition

The following classes of competition will be run, depending on sufficient entries. Classes with fewer than three registrants may be combined with another class. Age is as of December 31, 2021. An athlete who is 16 may elect to compete in either the Senior Boys/Senior Girls or Youth Men/Women category. This selection must be made when registering and cannot be changed. Competitors in the Masters and Sport categories must carry their rifles.

| BC Cup Classes      | February 12 - Sprint | February 13 - Mass Start |
|---------------------|----------------------|--------------------------|
| Masters Men (35+)   | 6km - PS             | 7.5km - PPSS             |
| Masters Men (50+)   | 6km - PS             | 7.5 km PPSS              |
| Masters Women (35+) | 6km - PS             | 7.5km - PPSS             |
| Masters Women (50+) | 6km - PS             | 7.5km - PPSS             |
| Men (22+)           | 10km - PS            | 15km - PPSS              |
| Women (22+)         | 7.5km - PS           | 12.5km - PPSS            |
| Jr. Men (19-21)     | 10km - PS            | 12.5km - PPSS            |
| Jr. Women (19-21)   | 7.5km - PS           | 10km - PPSS              |
| Sport Men (17+)     | 6km - PS             | 7.5km - PPSS             |
| Sport Women 17+     | 6km - PS             | 7.5km - PPSS             |
| Youth Men (16-18)   | 7.5km - PS           | 10km - PPSS              |
| Youth Women (16-18) | 6km - PS             | 7.5km - PPSS             |
| Sr. Boys (15-16)    | 6km - PS             | 7.5km - PPSS             |
| Sr. Girls (15-16)   | 6km - PS             | 7.5km - PPSS             |
| Jr. Boys (13-14)    | 4.5km - PP           | 6km - PPP                |

|                            |                             |                                 |
|----------------------------|-----------------------------|---------------------------------|
| Jr. Girls (13-14)          | 4.5km - PP                  | 6km - PPP                       |
| <b>Unofficial Classes</b>  | <b>February 12 - Sprint</b> | <b>February 13 - Mass Start</b> |
| Juvenile (11-12)           | 2.8km - PP                  | 3.6km - PPP                     |
| Novice (10 & under)        | 2.1km - PP                  | 2.8km - PPP                     |
| Recreational 1 (15 and up) | 6km - PS                    | 7.5km - PPSS                    |
| Recreational 2 (Open)      | 4.5km - PP                  | 6km - PPP                       |

## Event Schedule

| Date              | Time   | Description   |
|-------------------|--|---|
| February 11, 2022 | 11:00-14:30<br>19:00                                   | Range open for training<br>Team Captains' Meeting (HUB meeting room at the Whistler Athletes Centre, 1080 Legacy Way, Whistler, BC) |
| February 12, 2022 | 9:00-9:50<br>10:00<br>Following last finisher<br>19:00 | Zeroing (BC Cup Classes)<br>Sprint Start<br>Awards Ceremony<br>Kahoot via Zoom (Prizes up for grabs)                                |
| February 13, 2022 | 9:00-9:50<br>10:00<br>Following last finisher          | Zeroing (BC Cup classes)<br>Mass Start (BC Cup classes)<br>Awards Ceremony  |

## Unofficial categories

Sea to Sky Nordics are planning to host unofficial races for the non-BC Cup classes on Saturday and Sunday. These races will be limited to one 30 person wave and are dependent on weather etc. If for some reason we cannot run these categories, we will refund the entry fees. The race organisers do not recommend travelling to this event for the sole purpose of

competing in the Novice or Juvenile categories for this reason.

### **Senior Boy/Girl categories**

Teams will be responsible for transporting their own athletes' rifles during the Senior Boy/Girl categories.

### **Team Captains Meeting**

The Team Captains Meeting will be held at the Whistler Athletes Centre, HUB Room, 1080 Legacy Way, Whistler, BC V8E 0K3 on **February 11, 2022 at 19:00**. If for some reason the in person meeting cannot proceed, the Team Captain meeting will be via Zoom and the link will be provided ahead of time.

### **Awards**

For the BC Cup Classes, medals for first three places will be awarded in classes with four or more competitors along with podium recognition for 4th, 5th and 6th place; in classes with three competitors, medals will be awarded for first and second place; in classes with two competitors, medals will be awarded for first place; and in classes with one competitor there will be podium recognition only.

Novice and Juvenile categories will be awarded participant medals, along with recognition of the first 6 places.

### **Wax Policy**

The Biathlon BC June 2019 Wax Policy will be in effect. 100% Fluoro, High Fluoro (for example UHF and HF), Medium Fluoro, and similarly fluorinated glide waxes, powders, pucks, blocks, liquids and other applications are not permitted. Only Low Fluoro (for example LF and LF Race) and non-Fluorinated glide waxes, powders, pucks, blocks, liquids and other applications are permitted. The use of hand structure on skis is permitted.

## **3. Logistical Information**

### **Accommodation**

Teams are responsible for arranging their own accommodation during the event. The organizing committee has arranged for a block of rooms at the Whistler Athletes Centre as follows:

Whistler Athletes Centre - provide booking reference BC Cup 1

**Moderate Room (single occupancy): \$100.18 plus taxes per night**

**Standard Room (2 single beds): \$152.36 plus taxes per night**

**Premium Room (double bed): \$190.36 plus taxes per night**

Accommodation includes breakfast and dinner each day. A team schedule will be posted upon arrival. <http://www.whistlerathletescentre.com> 1080 Legacy Way, Whistler.  
Phone: 604-964-0052. Space is limited, so we highly encourage families to book this soon.

## **Vehicle Rentals**

A list of car rental companies at Vancouver International Airport is available at this link:  
<http://www.yvr.ca/en/getting-to-from-yvr/car-rentals.aspx>

## **Groceries**

Nesters Market Squamish  
[nestersmarket.com/squamish](http://nestersmarket.com/squamish)  
710 Hunter Place, Squamish  
Phone: 604-815-0733

Nesters Market Whistler  
[nestersmarket.com/whistler](http://nestersmarket.com/whistler)  
7019 Nesters Road, Whistler  
Phone: 604-932-3245

## **Wax Cabins**

Whistler Olympic Park has 13 wax cabins at the biathlon range stadium. For Covid-19 reasons, the public flex spaces will not be available for the athletes, coaches or other participants. For this reason, we will be assigning each team a wax cabin. This can be your headquarters for the race, keep you warm, wax your skis etc. The cabins are heated and have electricity. They have a table and chairs. There is no fee, but we ask for a \$100 refundable key deposit that can be paid directly by e-transfer to [paulinelysaght1@gmail.com](mailto:paulinelysaght1@gmail.com). Keys will be available at the race office on Friday or at the Captain's Meeting on Friday.

We look forward to seeing everyone and getting back to racing!

Sea to Sky Nordics Organizing Committee