



Cordially invite you to

Odlum Brown BC Cup #1

and

Zone 2 BC Winter Games Trials



ODLUM BROWN

Brent Poirier, CFA
Portfolio Manager

December 15-17, 2023

Telemark Nordic Centre

West Kelowna, BC

<https://zone4.ca/register.asp?id=33648>

General Information

Registration opens November 24th and closes December 13th at midnight.

The latest event information will be posted to our event website:

<https://race.teamtelemark.ca/biathlon-race/>

Date: December 15-17, 2023

Host: Telemark Nordic Club

Driving Directions:

Telemark Nordic Club is in West Kelowna, 9 kilometers up Glenrosa Road, on a paved and plowed road. Go west (up) Glenrosa Road at the Glenrosa Road interchange (at the Gorman Mill) on Highway 97 toward Crystal Mountain. The Telemark parking lot is 3 kilometers before Crystal Mountain. There is a large Telemark sign at the entrance to our parking lot. The Telemark lodge is located 100m from the black parking lot gate. Telemark is a 25-minute drive from downtown Kelowna and 15 minutes from downtown West Kelowna.

Competition Committee:

Competition Lead: Steve Fenning

Course Lead: John McNern

Stadium Lead: Ondrej Par

Range Lead: Scott Henry

Timing Lead: Terry Lum

Volunteer Liaison: Melanie Boskill / Iva Rozek

Technical Delegate: Jylene Ryan

Competition Secretary: Tasha Carmichael

Please direct any questions regarding this invitation to Steve Fenning, Organizing Committee Chair at stonebones@telus.net

The competition office is in "The Fort" (biathlon building beside the range) and will be open from 08:00 on December 16 and 17, 2023.

Notice regarding firearms:

Biathlon rifles are not permitted in the main lodge. Competitors are required to transport their rifles from the parking lot to the biathlon range in either a soft or hard case. Rifles should not be left unattended.

Rifle Import Regulations:

Teams and individual competitors from outside of Canada must declare their rifles at the Canadian border, complete the necessary documentation, and pay the required fees when bringing rifles and ammunition into Canada. All athletes must register their own rifles and pay the applicable fee. Refer to the government website at <https://www.cbsa-asfc.gc.ca/import/iefw-iefw-eng.html> for guidelines.

Rules:

International Biathlon Union (IBU) rules and regulations shall apply as fully as possible to all classes. Specific rules for classes not covered in IBU rules contained in the current Biathlon BC hosting policy shall apply to those classes.

Eligibility to Enter:

All competitors must be registered participants with Biathlon BC or an equivalent Provincial or State organization to enter.

Biathlon BC members in good standing are eligible to receive full benefit of results in Biathlon BC programs, such as BC Cup points, and team or squad selections. Any member of Biathlon Canada or other IBU Nations in good standing may enter but will not be eligible for Biathlon BC programs and awards.

2024 BC Winter Games Eligibility

Athletes who are interested in qualifying for the 2024 Zone 2 (Thompson-Okanagan) BCWG team must:

- Be a resident of a community in the region of Zone 2
<https://staging.bcgames.org/games/zones/thompson-okanagan-zone-2/>
- Be a current member of Biathlon BC and registered as an "Athlete – Junior Boy or Junior Girl" or older.
- Be born in 2009, 2010
- Must compete in the Junior Boy or Junior Girl category

Zone 2 BCWG team selection criteria:

- Zone 2 is permitted to field a team of 2 males and 2 females based on the results of the selection races. Athletes will be ranked based on the average race percentage from both races.
- The top 2 females and the top 2 males from the selection race will be offered a spot on Zone 2's BCWG team. Should an athlete decline their spot on the Zone 2 team, the next ranked athlete will be offered a spot.
- Additional wildcard spots may be offered to athletes in addition to Zone 2's allocated spots. Wildcard spots are determined by Biathlon BC's Athlete Development Committee <http://biathlonbc.ca/about-us/committees/>.

Training:

The range will be open for official training on Friday, December 15 from 11:00. Trail tickets are included with registration for athletes and coaches. Parents/guardians must also purchase a day ticket (online - <https://shop.telemarknordic.com/collections/ski-passes/products/ski-day-pass> or in person) or present a season pass if they plan to ski or snowshoe. If parent/guardians are not skiing or snowshoeing, they do not need a day ticket or season pass.

Volunteers:

We need you! We have many jobs on Saturday, Sunday or both days. Please let us know if you are available to help by registering as a volunteer through the Zone4 registration page <https://zone4.ca/register.asp?id=33648>.

Registered volunteers will receive a trail pass and lunch on the days they are available.

Competition Information

Competition Events:

Saturday

BC Cup classes will compete in a Sprint race with single start on 30 second intervals.

Unofficial categories (U13) will compete in a Sprint race. They will be divided into U13 Prone targets and U13 Standing targets.

Sunday

BC Cup classes will compete in an Individual race with a single start on 30 second intervals.

Unofficial categories (U13) will compete in an Individual race. They will be divided into U13 Prone targets and U13 Standing targets. There will be no penalty loops or times, but the number of hits will be recorded for each athlete. After the race is completed, the total number of hits will be calculated as a Team Percentage to win the "Skittles Cup".

Registration:

All individuals who wish to attend, including athletes and coaches must register in advance. Finalized registrations are due by Friday, December 8 at 23:59 through Zone4 <https://zone4.ca/register.asp?id=33648>. No entries will be accepted after this time.

Entries will be confirmed on December 15, 2023, at the Team Captains meeting.

Entry Fees:

\$40 per athlete per BC Cup competition

\$40 per athlete per competition in U13 categories

All athletes must be registered with Biathlon Canada:

<https://zone4.ca/register.asp?id=31789&lan=1&cartlevel=1>

Lunch:

There will be CASH BBQ available Saturday for the race patrons.

Volunteers will be provided with lunch free of charge on the days they are registered.

Cancellation Policy:

There are no refunds if a competitor does not show up for the competition. Zone4 processing fees will not be refunded for any reason.

If an athlete withdraws before December 8, 2023, at \$15 processing fee will apply before a refund is sent. No refunds will be given after this date.

If the event is cancelled one week ahead (before December 8, 2023) then the registration fees will be refunded in full. If unforeseen circumstances cause cancellation closer to the event, the organizers may retain entry fees sufficient to ensure no loss against monies already spent.

Trail Passes:

Trail passes for registered athletes, coaches and registered volunteers will be included in registration fees for Friday, Saturday and Sunday. Please confirm your ticket requirements on the registration form. These tickets will be available for pick up at Telemark Main Lodge on Friday, December 15, 2023.

Parents/guardians must purchase a day ticket either through Zone4 registration

<https://zone4.ca/register.asp?id=33648> or online -

<https://shop.telemarknordic.com/collections/ski-passes/products/ski-day-pass> or in person) or present a season pass if they plan to ski or snowshoe.

Classes of Competition:

The following classes of competition will be run, depending on sufficient entries.

Classes with fewer than 3 registrants may be combined with another class.

Age is as of December 31, 2023.

Competitors in the Masters categories must carry their rifles.

2023 Biathlon BC Cup #1 and BCWG Zone 2 Trials

Class	Age	Sprint			Individual		
		Lap – Total Distance (Course)	Shoot	Penalty	Lap - Total Distance (Course)	Shoot	Penalty
Jr Girls/ Boys and BCWG Zone 2 Trials	13-14	1.5km - 4.5km ORANGE	P-P	100m	1.5km – 6km ORANGE	P-P-P	30 sec.
Sr Girls/Boys	15-16	1.8km – 6km RED	P-S	100m	1.5km – 7.5km ORANGE	P-S-P-S	30 sec.
Youth Men	17-18	2.5km – 7.5km GREEN	P-S	100m	2.5km – 12.5km GREEN	P-S-P-S	45 sec.
Youth Women	17-18	1.8km – 6km RED	P-S	100m	1.8km – 10km RED	P-S-P-S	45 sec.

Jr Men	19-21	3.45km – 10km BLUE	P-S	150m	3km – 15km YELLOW	P-S-P-S	60 sec.
Jr Women	19-21	2.5km – 7.5km GREEN	P-S	150m	2.5km – 12.5km GREEN	P-S-P-S	60 sec.
Open Men	22+	3.45km – 10km BLUE	P-S	150m	3km – 15km YELLOW	P-S-P-S	45 sec.
Open Women	22+	2.5km – 7.5km GREEN	P-S	150m	2.5km – 12.5km GREEN	P-S-P-S	45 sec.
Sport Men/Women	17+	1.5km – 4.5km ORANGE	P-S	100m	1.5km – 6km ORANGE	P-S-P-S	30 sec.
Masters Men	35+	1.8km – 6km RED	P-S	100m	1.8km – 10km RED	P-S-P-S	30 sec.
Masters Women	35+	1.8km – 6km RED	P-S	100m	1.5km – 7.5km ORANGE	P-S-P-S	30 sec.
Masters Men	50+	1.8km – 6km RED	P-S	100m	1.8km – 10km RED	P-S-P-S	30 sec.
Masters Women	50+	1.8km – 6km RED	P-S	100m	1.5km – 7.5km ORANGE	P-S-P-S	30 sec.
U13 Prone	<13	625m – 1.5km BLACK	P-P	100m	625m – 2.5km BLACK	P-P-P	
U13 Standing	<13	1km – 3km BROWN	P-P	100m	1km – 4km BROWN	P-P-P	

***Please see Appendix for details on Course Maps, Course Elevation and Stadium Map

Event Schedule:

Date	Time	Description
Friday, December 15, 2023	11:00-14:30 20:00	Range open for training Team captain's meeting via Zoom
Saturday, December 16, 2023	8:00 8:45-9:45 9:00-10:00 10:10 10:15 11:30 11:45-12:45 12:00-13:00 13:15 15:00	Bib pick up opens (Competition Office) Equipment Check open (U13 categories) Range open for Zeroing (U13 categories) Opening Ceremony Sprint Race Start (U13) U13 Awards Equipment Check open (BC Cup and BCWG trial) Range open for Zeroing (BC Cup and BCWG trial) Sprint Race Start (BC Cup and BCWG trial) Range closes and Awards
Sunday, December 17, 2023	8:00 8:45-9:45 9:00-9:50 10:00 11:30 (approx.) 12:30-13:30 13:00-13:45 14:00 14:45 15:00	Bib pick up opens (Competition office) Equipment check open Range open for zeroing (BC Cup and BCWG trial) Race start (BC Cup and BCWG trial) Awards ceremony Equipment check open (U13 categories) Range open for Zeroing (U13 categories) Race Start (U13 categories) Awards ceremony – Skittles Cup! Range, stadium and course takedown

*Schedule could change based on number of registered athletes.

Sr Girls/Boys Categories

Rifle racks will be set up to facilitate independent pick up and drop off of rifles at the entry/exit of the range. The stadium will be set up in this configuration for orientation and practice during Friday's Official Training.

Team Captains Meeting:

The Team Captains meeting will be held on Zoom on December 15, 2023 at 20:00.

Awards:

The awards for each day will be presented in the biathlon stadium following the last finisher.

BC Cup Classes

For the BC Cup Classes, medals for the first 3 places will be awarded in classes with 4 or more competitors along with podium recognition for 4th, 5th and 6th place; in classes with 3 competitors, medals will be awarded for 1st and 2nd place; in classes with 2 competitors, medals will be awarded for first place; and in classes with 1 competitor there will be podium recognition only.

Unofficial Categories

Unofficial categories will be awarded participant medals.

BC Winter Games

Athletes named to the BC Winter Games will be notified within 7 days of the event.

Waxing:

Waxing stations can be set up outside. There is a red fence with electrical outlets next to the grooming shed near the entrance to the parking lot.

Waxing Policy:

The [Biathlon BC May 2022 No Fluoro Wax Policy](#) will be in effect.

- All fluorinated wax products are prohibited for use to prepare skis for competition. This includes Pure Fluoro, High Fluoro (UHF and HF), Medium Fluoro (MF), Low Fluoro (LF), and similarly fluorinated glide waxes, powders, pucks, blocks, liquids and other applications.
- The use of hand structure on skis is permitted.

Logistical Information

Accommodation:

Please Note: The Odlum Brown BC Cup #1 may be moved to Vernon (Sovereign Lake Biathlon facility) in the event of insufficient snow at Telemark Nordic. Please check your accommodations cancellation policy as a decision will be made the week of Dec.1,2023.

Teams are responsible for arranging their own accommodation during the event. Here is a list of hotels nearby:

A special group rate has been organized at:

Fairfield Inn and Suites by Marriott

3460 Carrington Rd, West Kelowna, BC V4T 3C1

<https://www.marriott.com/en-us/hotels/ylwfw-fairfield-inn-and-suites-west-kelowna/overview/?scid=f2ae0541-1279-4f24-b197-a979c79310b0>

Please use this link to access this discount:

<https://www.marriott.com/events/start.mi?id=1699553472207&key=GRP>

Other Accommodation Options include:

The Cove Lakeside Resort

4205 Gellatly Rd, West Kelowna, BC V4T 2K2

<https://www.covelakeside.com/>

Super 8 by Wyndham

1655 Westgate Rd, West Kelowna, BC, V1Z3P1

<https://www.wyndhamhotels.com/en-ca/super-8/west-kelowna-british-columbia/super-8-west-kelowna-bc/rooms-rates>

Groceries:

There are numerous grocery stores available in West Kelowna including the following:

SaveOn Foods

2475 Dobbins Rd, West Kelowna, BC V4T 2E9

Real Canadian Superstore

3020 Louie Dr, Westbank, BC V4T 3E1

We look forward to seeing everyone!

Telemark Nordic Club Organizing Committee

A huge THANK YOU to our event sponsors:

Presenting Sponsor



ODLUM BROWN

Brent Poirier, CFA
Portfolio Manager

Gold Sponsor



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Appendix – Course Maps, Elevation and Stadium Maps

Black Course 625m

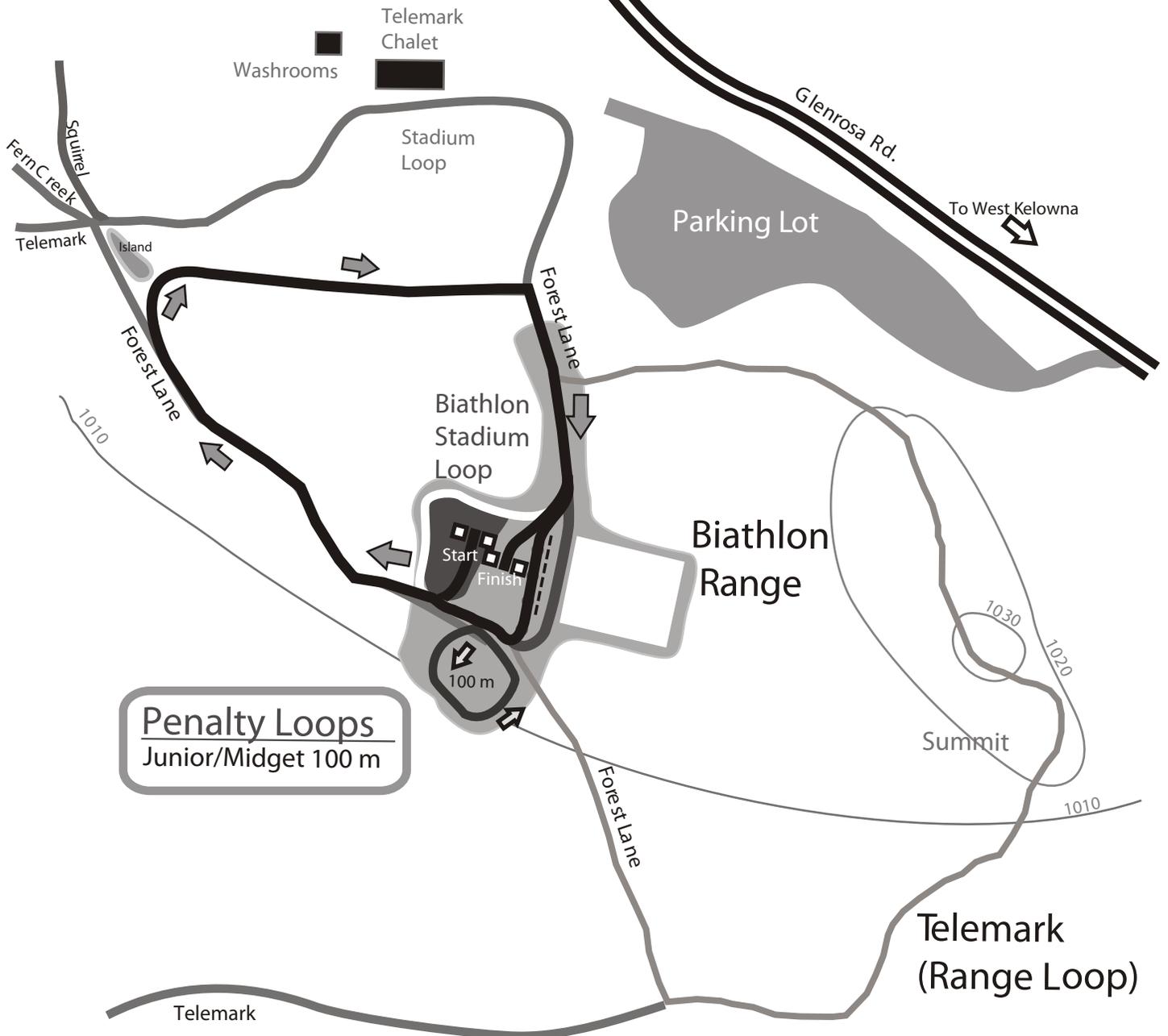


Metres



Sprint Start
Midgets 1.87 km

Individual Start
Midgets 2.5 km



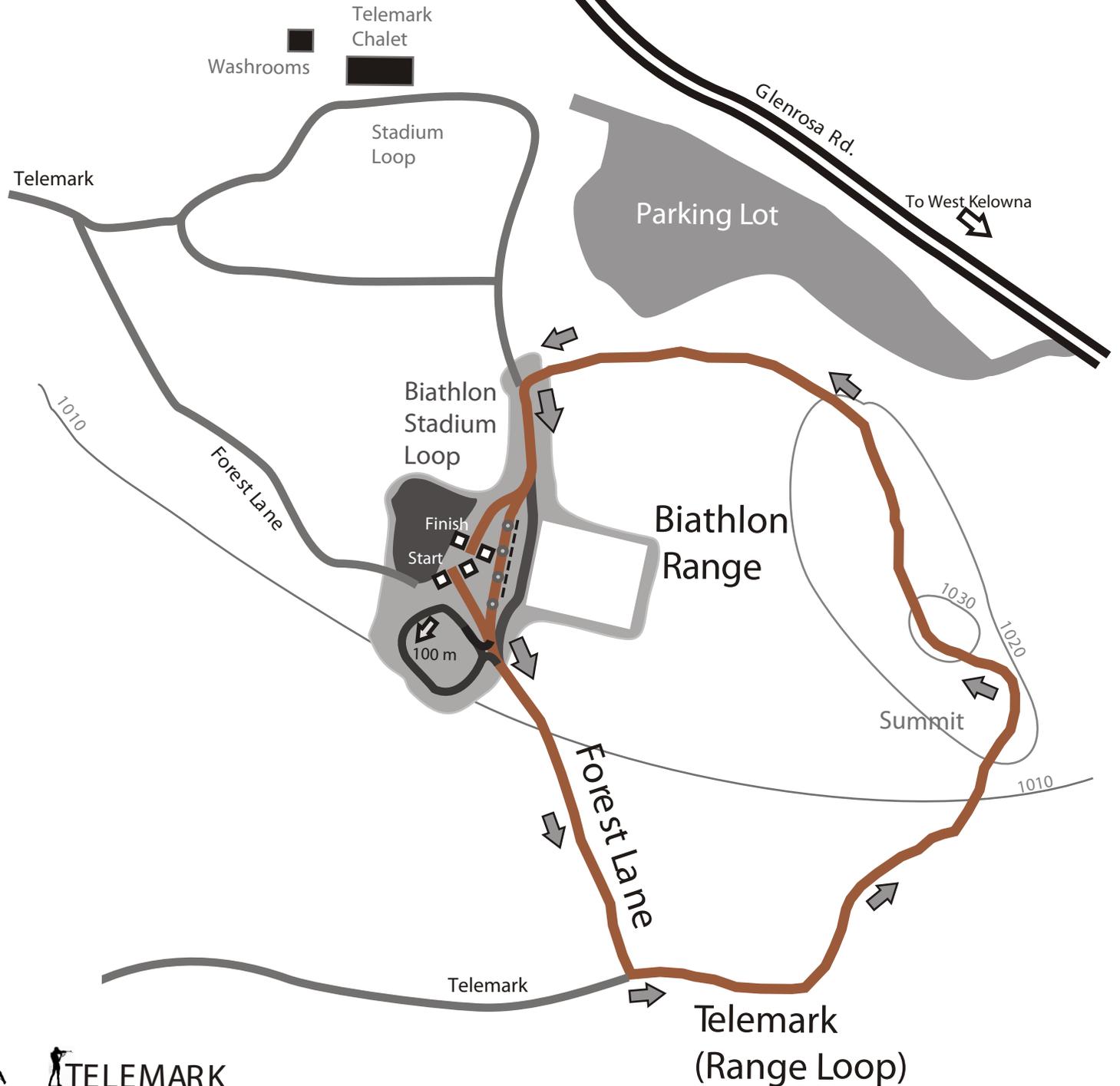
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Updated: January 29th 2018

Brown Course

835 m

Sprint Start	Individual Start
Juvenile 2.5 km	Juvenile 3.35 km
Recreation 2 2.5 km	Recreation 2 3.35 km



Orange Course

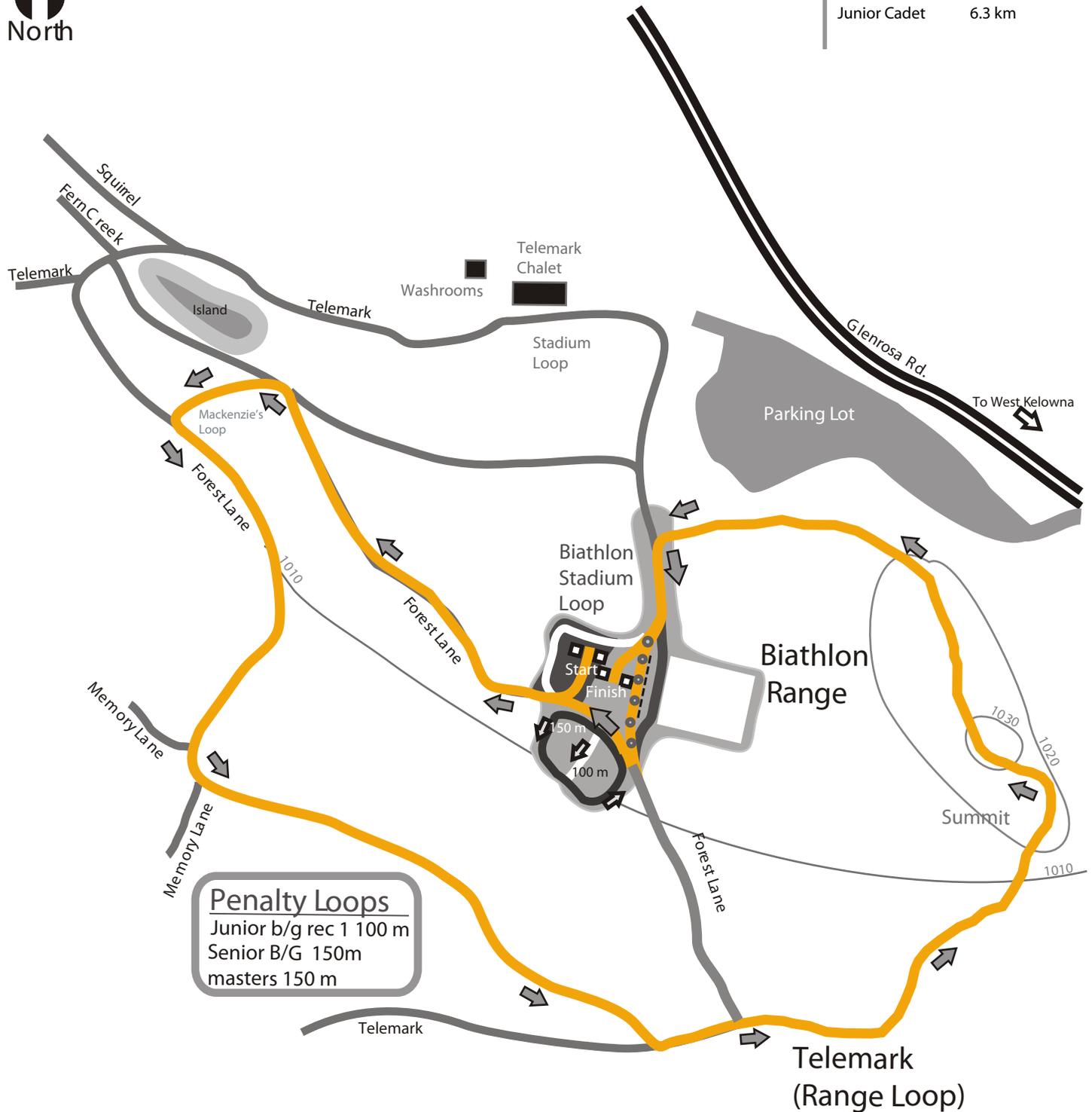
1.57km



Metres

Sprint Start
 Junior Boys / Girls 4.7 km
 Recreational 1 4.7 km
 Junior Cadets 4.7 km

Individual Start
 Senior Boys/girls 7.85 km
 Junior Boys/girls 6.3 km
 Masters Women 7.85 km
 Recreation 1 6.3 km
 Senior cadet 7.85 km
 Junior Cadet 6.3 km



Penalty Loops
 Junior b/g rec 1 100 m
 Senior B/G 150m
 masters 150 m



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Red Course

1.8 km

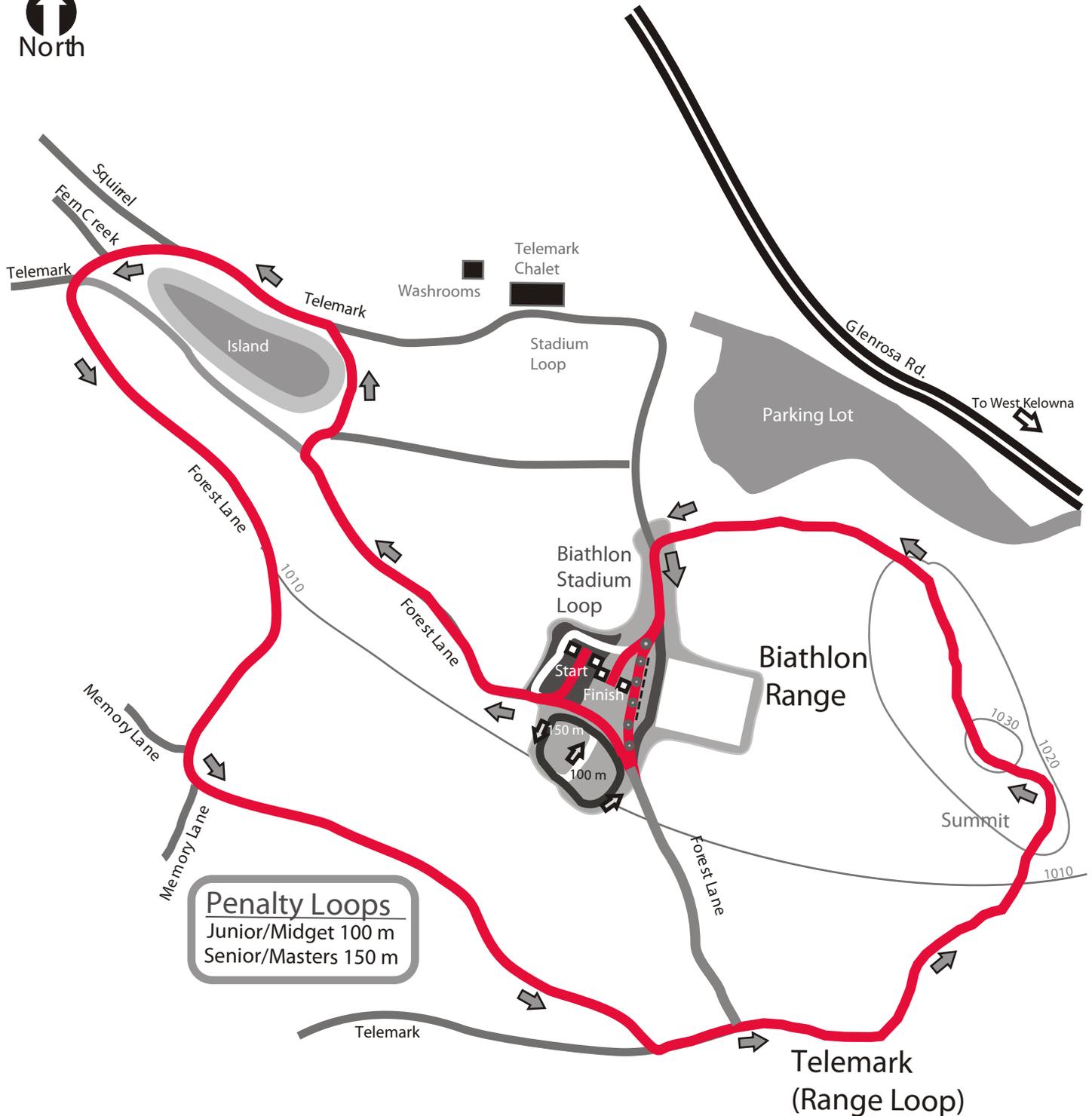


Metres



Sprint Start	
Youth Women	5.4 km
Senior Boys / Girls	5.4 km
Cadet / Senior	5.4 km
Masters	5.4 km

Individual Start	
Youth Women	9 km
Master Men	9 km



Penalty Loops
Junior/Midget 100 m
Senior/Masters 150 m

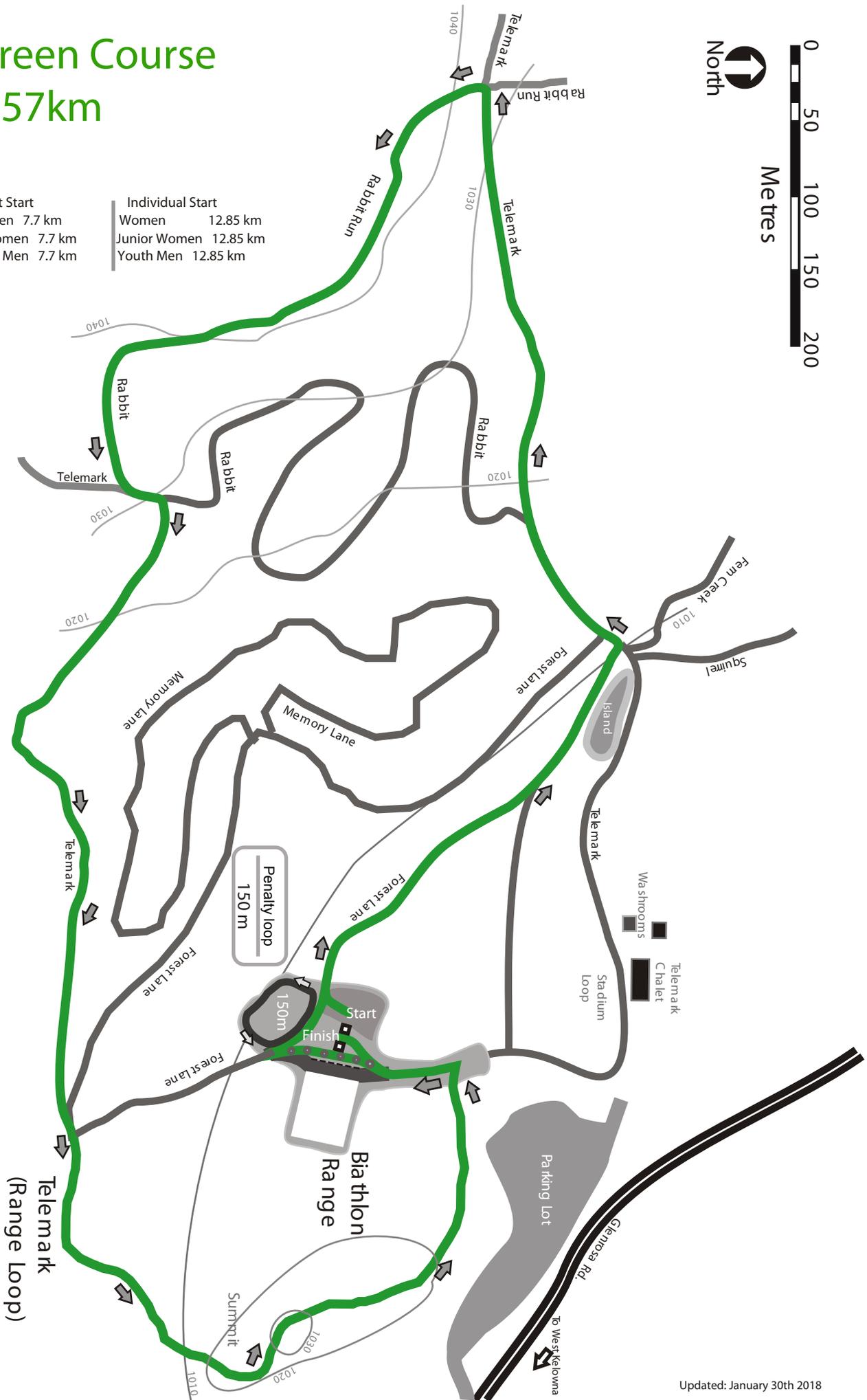
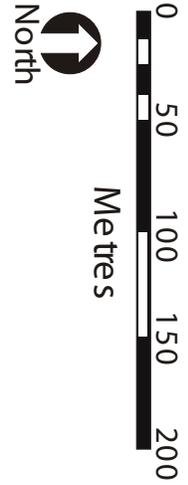


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Green Course 2.57km

Sprint Start
 Women 7.7 km
 Jr. Women 7.7 km
 Youth Men 7.7 km

Individual Start
 Women 12.85 km
 Junior Women 12.85 km
 Youth Men 12.85 km



Blue Course

3.45 km

Sprint Start
 Men 10.35 km
 Junior Men 10.35 km

Individual Start
 Men 17.25km
 Junior men 17.25km

