



Cordially invite you to

Odlum Brown BC Cup #1



February 2-4, 2024

Telemark Nordic Centre

West Kelowna, BC

https://zone4.ca/register.asp?id=33648

General Information

Registration opens November 24th and closes January 30 at midnight.

The latest event information will be posted to our event website:

https://race.teamtelemark.ca/biathlon-race/

Date: February 2-4, 2024 Host: Telemark Nordic Club

Driving Directions:

<u>Telemark Nordic Club</u> is in West Kelowna, 9 kilometers up Glenrosa Road, on a paved and plowed road. Go west (up) Glenrosa Road at the Glenrosa Road interchange (at the Gorman Mill) on Highway 97 toward Crystal Mountain. The Telemark parking lot is 3 kilometers before Crystal Mountain. There is a large Telemark sign at the entrance to our parking lot. The Telemark lodge is located 100m from the black parking lot gate. Telemark is a 25-minute drive from downtown Kelowna and 15 minutes from downtown West Kelowna.

Competition Committee:

Competition Lead: Steve Fenning

Course Lead: John McNern Stadium Lead: Ondrej Par Range Lead: Scott Hanry Timing Lead: Terry Lum

Volunteer Liaison: Erik Rozek / Iva Rozek

Social Coordinator: Melanie Boskill Technical Delegate: Jylene Ryan

Competition Secretary: Tasha Carmichael

Please direct any questions regarding this invitation to Steve Fenning, Organizing Committee Chair at stonebones@telus.net

The competition office is in "The Fort" (biathlon building beside the range) and will be open from 08:00 on February 3 and 4, 2024.

Notice regarding firearms:

Biathlon rifles are not permitted in the main lodge. Competitors are required to transport their rifles from the parking lot to the biathlon range in either a soft or hard case. Rifles should not be left unattended.

Rifle Import Regulations:

Teams and individual competitors from outside of Canada must declare their rifles at the Canadian border, complete the necessary documentation, and pay the required fees when bringing rifles and ammunition into Canada. All athletes must register their own

rifles and pay the applicable fee. Refer to the government website at https://www.cbsa-asfc.gc.ca/import/iefw-iefa-eng.html for guidelines.

Rules:

International Biathlon Union (IBU) rules and regulations shall apply as fully as possible to all classes. Specific rules for classes not covered in IBU rules contained in the current Biathlon BC hosting policy shall apply to those classes.

Eligibility to Enter:

All competitors must be registered participants with Biathlon BC or an equivalent Provincial or State organization to enter.

Biathlon BC members in good standing are eligible to receive full benefit of results in Biathlon BC programs, such as BC Cup points, and team or squad selections. Any member of Biathlon Canada or other IBU Nations in good standing may enter but will not be eligible for Biathlon BC programs and awards.

Training:

The range will be open for official training on Friday, February 2 from 11:00. Trail tickets are included with registration for athletes and coaches. Parents/guardians must also purchase a day ticket (online - https://shop.telemarknordic.com/collections/ski-passes/products/ski-day-pass or in person) or present a season pass if they plan to ski or snowshoe. If parent/guardians are not skiing or snowshoeing, they do not need a day ticket or season pass.

Volunteers:

We need you! We have many jobs on Saturday, Sunday or both days. Please let us know if you are available to help by registering as a volunteer through the Zone4 registration page https://volunteersignup.org/RCX3A

Registered volunteers will receive a trail pass and lunch on the days they are available.

Competition Information

Competition Events:

Saturday

BC Cup classes will compete in a Sprint race with single start on 30 second intervals.

Unofficial categories (U13) will compete in a Sprint race. They will be divided into U13 Prone targets and U13 Standing targets.

Sunday

BC Cup classes will compete in an Individual race with a single start on 30 second intervals.

Unofficial categories (U13) will compete in an Individual race. They will be divided into U13 Prone targets and U13 Standing targets. There will be no penalty loops or times, but the number of hits will be recorded for each athlete. After the race is completed, the total number of hits will be calculated as a Team Percentage to win the "Skittles Cup".

Registration:

All individuals who wish to attend, including athletes and coaches must register in advance. Finalized registrations are due by Tuesday, January 30 at 23:59 through Zone4 https://zone4.ca/register.asp?id=33648. No entries will be accepted after this time.

Entries will be confirmed on February 2, 2024, at the Team Captains meeting.

Entry Fees:

\$40 per athlete per BC Cup competition \$40 per athlete per competition in U13 categories

All athletes must be registered with Biathlon Canada: https://zone4.ca/register.asp?id=31789&lan=1&cartlevel=1

Lunch:

There will be CASH BBQ available Saturday for the race patrons. Volunteers will be provided with lunch free of charge on the days they are registered.

Banquet Dinner and Awards Ceremony:

We would like to invite you to join us for the Odlum Brown BC Cup #1 Banquet Dinner and Awards Ceremony Saturday Feb. 3rd, 2024 at Sunridge Community Church (1190 Stevens Rd, West Kelowna). Doors open at 5:30, lasagna dinner at 6:00pm and awards to follow. Tickets are \$30 and must be purchased by January 30 via the link provided below: https://zone4.ca/register.asp?id=34619

Reminder to bring cash for a BBQ lunch Saturday Feb 3rd at Telemark Nordic.

Cancellation Policy:

There are no refunds if a competitor does not show up for the competition. Zone4 processing fees will not be refunded for any reason.

If an athlete withdraws before January 26, 2024 a \$15 processing fee will apply before a refund is sent. No refunds will be given after this date.

If the event is cancelled one week ahead (before January 26, 2024) then the registration fees will be refunded in full. If unforeseen circumstances cause cancellation closer to the event, the organizers may retain entry fees sufficient to ensure no loss against monies already spent.

Trail Passes:

Trail passes for registered athletes, coaches and registered volunteers will be included in registration fees for Friday, Saturday and Sunday. Please confirm your ticket requirements on the registration form. These tickets will be available for pick up at Telemark Main Lodge on Friday, February 2, 2024.

Parents/guardians must purchase a day ticket either through Zone4 registration https://zone4.ca/register.asp?id=33648 or online -

https://shop.telemarknordic.com/collections/ski-passes/products/ski-day-pass or in person) or present a season pass if they plan to ski or snowshoe.

Classes of Competition:

The following classes of competition will be run, depending on sufficient entries. Classes with fewer than 3 registrants may be combined with another class. Age is as of December 31, 2023.

Competitors in the Masters categories must carry their rifles.

2023-2024 Biathlon BC Cup #1

		Sprint			Individual		
Class	Age	Lap – Total	Shoot	Penalty	Lap - Total	Shoot	Penalty
		Distance			Distance		
		(Course)			(Course)		
Jr Girls/	13-	1.5km -			1.5km –		
Boys	14	4.5km			6km		
		ORANGE	P-P	100m	ORANGE	P-P-P	30 sec.
Sr	15-				1.5km –		
Girls/Boy	16	1.8km –			7.5km		
s		6km RED	P-S	100m	ORANGE	P-S-P-S	30 sec.
Youth	17-	2.5km –			2.5km –		
Men	18	7.5km			12.5km		
		GREEN	P-S	150m	GREEN	P-S-P-S	45 sec.
Youth	17-	1.8km –			1.8km –		
Women	18	6km			10km		
		RED	P-S	150m	RED	P-S-P-S	45 sec.
Jr Men	19-				2.5km –		
	21				15km		
					GREEN		
		3.45km –			*double lap		
		10km			after last		
		BLUE	P-S	150m	shoot	P-S-P-S	60 sec.
Jr	19-	2.5km –			2.5km –		
Women	21	7.5km			12.5km		
		GREEN	P-S	150m	GREEN	P-S-P-S	60 sec.

Open	22+				2.5km –		
Men					15km		
					GREEN		
		3.45km –			*double lap		
		10km			after last		
		BLUE	P-S	150m	shoot	P-S-P-S	45 sec.
Open	22+	2.5km –			2.5km –		
Women		7.5km			12.5km		
		GREEN	P-S	150m	GREEN	P-S-P-S	45 sec.
Sport	17+	1.5km –			1.5km –		
Men/Wo		4.5km			6km		
men		ORANGE	P-S	100m	ORANGE	P-S-P-S	30 sec.
Masters	35+	1.8km –			1.8km –		
Men		6km			10km		
		RED	P-S	100m	RED	P-S-P-S	30 sec.
Masters	35+	1.8km –			1.5km –		
Women		6km			7.5km		
		RED	P-S	100m	ORANGE	P-S-P-S	30 sec.
Masters	50+	1.8km –			1.8km –		
Men		6km			10km		
		RED	P-S	100m	RED	P-S-P-S	30 sec.
Masters	50+	1.8km –			1.5km –		
Women		6km			7.5km		
		RED	P-S	100m	ORANGE	P-S-P-S	30 sec.
U13	<13	1km –	P-P	100m	1km –	P-P-P	
Prone		3km			4km		
		BROWN			BROWN		
U13	<13	625m –	P-P	100m	625m –	P-P-P	
Standing		1.5km			2.5km		
		BLACK			BLACK		

^{***}Please see Appendix for details on Course Maps, Course Elevation and Stadium Map

Event Schedule:

Date	Time	Description
Friday, February 2, 2024	11:00-14:30	Range open for training
	20:00	Team captain's meeting
		via Zoom
Saturday, February 3,	8:00	Bib pick up opens
2024		(Competition Office)
	8:45-9:45	Equipment Check open
		(U13 categories)
	9:00-10:00	Range open for Zeroing
		(U13 categories)
	10:10	Opening Ceremony
	10:15	Sprint Race Start (U13)
	11:30	U13 Awards
	11:45-12:45	Equipment Check open
		(BC Cup)
	12:00-13:00	Range open for Zeroing
	40.45	(BC Cup)
	13:15	Sprint Race Start (BC Cup)
	15:00	Range closes and Awards
Sunday, February 4, 2024	8:00	Bib pick up opens
		(Competition office)
	8:45-9:45	Equipment check open
	9:00-9:50	Range open for zeroing
		(BC Cup)
	10:00	Race start (BC Cup)
	11:30 (approx.)	Awards ceremony
	12:30-13:30	Equipment check open
		(U13 categories)
	13:00-13:45	Range open for Zeroing
		(U13 categories)
	14:00	Race Start (U13
		categories)
	14:45	Awards ceremony –
		Skittles Cup!
	15:00	Range, stadium and
		course takedown

^{*}Schedule could change based on number of registered athletes.

Sr Girls/Boys Categories

Rifle racks will be set up to facilitate independent pick up and drop off of rifles at the entry/exit of the range. The stadium will be set up in this configuration for orientation and practice during Friday's Official Training.

Team Captains Meeting:

The Team Captains meeting will be held on Zoom on February 2, 2024 at 20:00.

Awards:

The awards for each day will be presented in the biathlon stadium following the last finisher.

BC Cup Classes

For the BC Cup Classes, medals for the first 3 places will be awarded in classes with 4 or more competitors along with podium recognition for 4th, 5th and 6th place; in classes with 3 competitors, medals will be awarded for 1st and 2nd place; in classes with 2 competitors, medals will be awarded for first place; and in classes with 1 competitor there will be podium recognition only.

Unofficial Categories

Unofficial categories will be awarded participant medals.

Waxing:

Waxing stations can be set up outside. There is a red fence with electrical outlets next to the grooming shed near the entrance to the parking lot.

Waxing Policy:

The Biathlon BC May 2022 No Fluoro Wax Policy will be in effect.

- All fluorinated wax products are prohibited for use to prepare skis for competition.
 This includes Pure Fluoro, High Fluoro (UHF and HF), Medium Fluoro (MF), Low
 Fluoro (LF), and similarly fluorinated glide waxes, powders, pucks, blocks, liquids
 and other applications.
- The use of hand structure on skis is permitted.

Logistical Information

Accommodation:

Teams are responsible for arranging their own accommodation during the event. Here is a list of hotels nearby:

A special group rate has been organized at:

Fairfield Inn and Suites by Marriott

3460 Carrington Rd, West Kelowna, BC V4T 3C1

https://www.marriott.com/en-us/hotels/ylwfw-fairfield-inn-and-suites-west-kelowna/overview/?scid=f2ae0541-1279-4f24-b197-a979c79310b0

Please use this link to access this discount:

https://www.marriott.com/events/start.mi?id=1699553472207&key=GRP

Other Accommodation Options include:

The Cove Lakeside Resort

4205 Gellatly Rd, West Kelowna, BC V4T 2K2 https://www.covelakeside.com/

Super 8 by Wyndham

1655 Westgate Rd, West Kelowna, BC, V1Z3P1

https://www.wyndhamhotels.com/en-ca/super-8/west-kelowna-british-columbia/super-8-west-kelowna-bc/rooms-rates

Groceries:

There are numerous grocery stores available in West Kelowna including the following:

SaveOn Foods

2475 Dobbin Rd, West Kelowna, BC V4T 2E9

Real Canadian Superstore

3020 Louie Dr, Westbank, BC V4T 3E1

We look forward to seeing everyone!

Telemark Nordic Club Organizing Committee

A huge THANK YOU to our event sponsors:

Presenting Sponsor



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Regional Sponsors

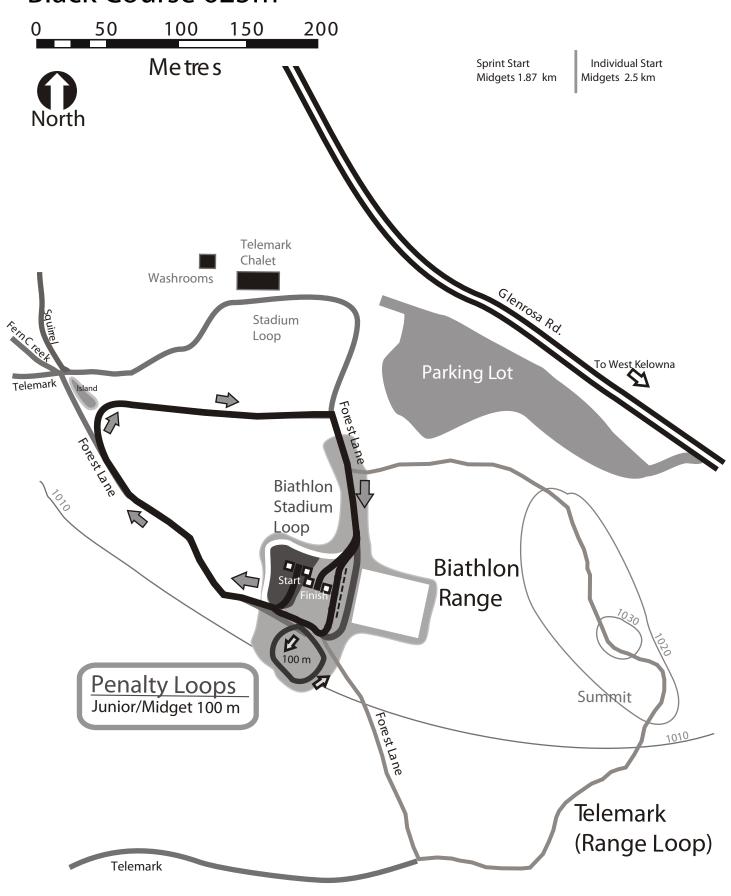






<u>Appendix – Course Maps, Elevation and Stadium Maps</u>

Black Course 625m



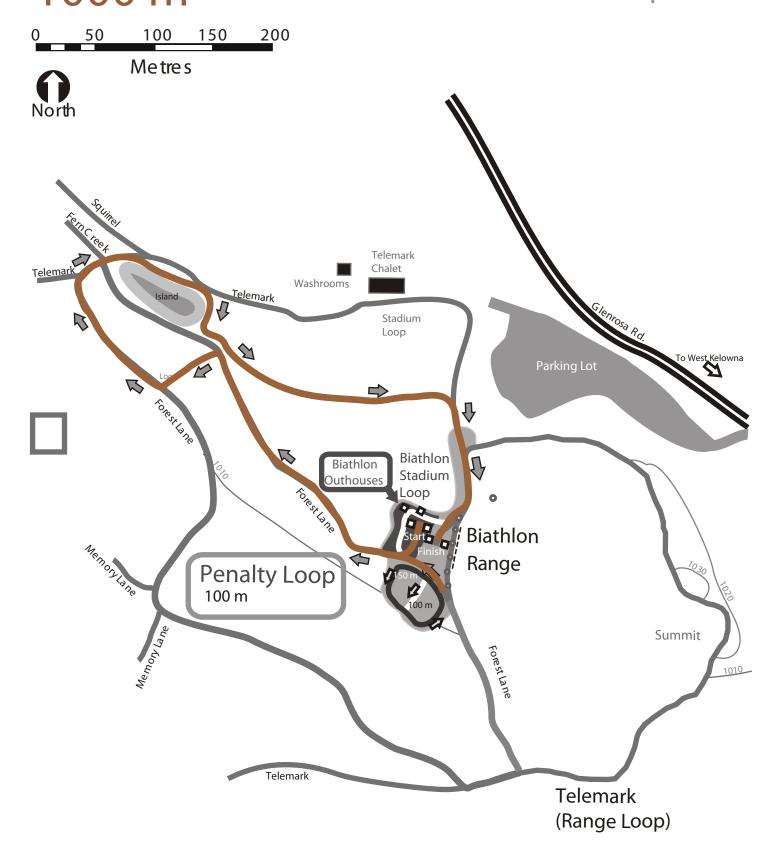




Brown Course 1000 m

Sprint Start
Juvenile 3.0 km
Recreation 2 3.0 km

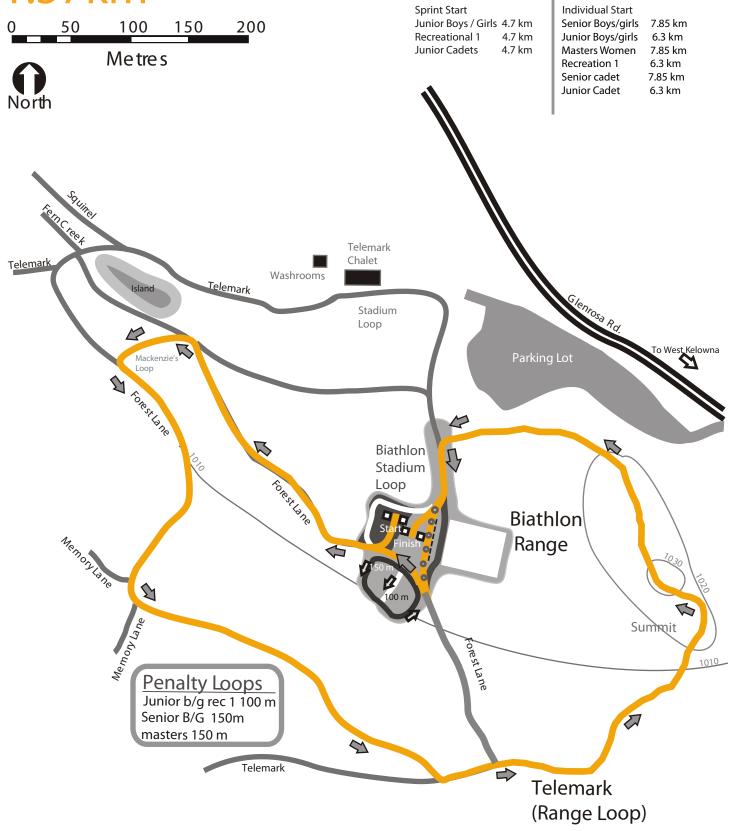
Pursuit Start Juvenile 4.0 km Recreation 2 4.0 km







Orange Course 1.57km







Red Course

