



# INVITATION

**North American Cup #2  
&  
Odlum Brown BC Cup #1**

**December 13-15, 2024**

**Sovereign Lake Nordic Club  
250 Sovereign Lake Road  
Vernon, BC**

**Individual & Sprint Competitions**

Sanctioned by:



**BIATHLON  
CANADA**



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## 1 General Information

### 1.1 Competition Venue

Sovereign Lake Nordic Centre, Vernon, BC. The facility is located 22 km east of Vernon, BC in Silver Star Provincial Park. Located off Silver Star Road, just 2 km west of Silverstar Mountain Resort.

All competition information and course maps will be available on Sovereign Lake Nordic's website [HERE](#)

### 1.2 Competition Organizing Committee and Contact information

Technical Delegate:	Ian Hartley
Competition Lead:	Peter Algra
Range Lead:	Aaron Sinclair
Range Deputies:	Dominik Dlouhy/Antoine Bertrand
Timing Co-Leads:	Craig Ralph/Terry Lum
Stadium Lead:	Alex Lane
Course Lead:	Cathrine Beck
Competition Secretary:	Kerry VanSickle ( <a href="mailto:kerry-vs@shaw.ca">kerry-vs@shaw.ca</a> )
Volunteer Coordinator:	Lynn Algra ( <a href="mailto:biathlon@sovereignlake.com">biathlon@sovereignlake.com</a> )
Food & Banquet Lead:	Laura Bot
Announcer:	Felicia O'Gorman

The Competition Office is located in the Biathlon Cabin beside the Range and will be open from 08:00 - 16:00 on December 13, 14, 15, 2024.

### 1.3 Rifle Import Regulations

Teams and individual competitors from outside of Canada must declare their rifles at the Canadian border, complete the necessary documentation, and pay the required fees when bringing rifles and ammunition into Canada. All athletes must register their own rifles and pay the applicable fee. Refer to the RCMP Firearms Program to obtain a Non-Resident Firearms Declaration: <https://www.cbsa-asfc.gc.ca/import/iefw-iefa-eng.html> for guidelines.

#### Notice regarding firearms:

**Biathlon rifles are not permitted in the main lodge.** Competitors are required to transport their rifles from the parking lot to the biathlon range in either a soft or hard case. All Canadian athletes who are carrying their rifles on course must have in their possession, and be able to show upon request, their Possession and Acquisition Licence or Minor's Permit. Rifles should not be left unattended.

### 1.4 Rules

International Biathlon Union (IBU) rules and regulations shall apply as fully as possible to all classes. The North American Hosting Policy shall apply to the IBU classes. Specific rules for classes not covered in IBU rules contained in the Biathlon BC Hosting Policy shall apply to those classes.

### 1.5 Eligibility to Enter

All athletes participating must be registered participants with Biathlon Canada or USA Biathlon or another IBU national federation for the 2024-2025 season.

Biathlon BC members in good standing are eligible to receive full benefit of results in Biathlon BC programs, such as BC Cup points and team or squad selections.

## 2 Competition Information

### 2.1 Competition Events

Saturday, December 14, 2024 - **INDIVIDUAL (Short INDIVIDUAL for Men/Women classes)**

Sunday, December 15, 2024 - **SPRINT**

### 2.2 Classes of Competition

The following classes of competition will be run, depending on sufficient entries. Classes with fewer than 3 registrants may be combined with another class.

Penalty loop distances: 150m for Men/Women, Jr Men/Women, Youth Men/Women;  
75m for U17 Boys/Girls, Development 1 & 2, Adult 1- 4, Para, and U11

CLASSES	AGE	INDIVIDUAL DISTANCE	INDIVIDUAL COURSE	SPRINT DISTANCE	SPRINT COURSE
Men	22+	15.0 km	5 x 3.0 km PSPS (Yellow)	10.0 km	3 x 3.3 km PS (Blue)
Women	22+	12.5 km	5 x 2.5 km PSPS (Green)	7.5 km	3 x 2.5 km PS (Green)
Junior Men	19-21	15.0 km	5 x 3.0 km PSPS (Yellow)	10.0 km	3 x 3.3 km PS (Blue)
Junior Women	19-21	12.5 km	5 x 2.5 km PSPS (Green)	7.5 km	3 x 2.5 km PS (Green)
Youth Men	15-18	12.5 km	5 x 2.5 km PSPS (Green)	7.5 km	3 x 2.5 km PS (Green)
Youth Women	15-18	10.0 km	5 x 2.0 km PSPS (Red)	6.0 km	3 x 2.0 km PS (Red)
U17 Prone Boys/Girls	11-16	8.0 km	4 x 2.0 km PPP (Red)	6.0 km	3 x 2.0 km PP (Red)
U17 Standing Boys/Girls	11-16	7.5 km	5 x 1.5 km PSPS (Orange)	6.0 km	3 x 2.0 km PS (Red)
Development 2 Mixed Gender .22 and Ecoaims	11-16	6.0 km	4 x 1.5 km PPP (Orange)	4.5 km	3 x 1.5 km PP (Orange)
Development 1 Mixed Gender .22 and Ecoaims	11-16	4.0 km	4 x 1.0 km PPP (Purple)	3.0 km	3 x 1.0 km PP (Purple)
Adult 4 Carry Rifle	17-50+	12.5 km	5 x 2.5 km PSPS (Green)	7.5 km	3 x 2.5 km PS (Green)
Adult 3 Carry Rifle	17-34, 35-49, 50+	10.0 km	5 x 2.0 km PSPS (Red)	6.0 km	3 x 2.0 km PS (Red)

Adult 2 Carry Rifle	17-34, 35-49, 50+	7.5 km	5 x 1.5 km PSPS (Orange)	4.5 km	3 x 1.5 km PS (Orange)
Adult 1 Non Carry Rifle	17-34, 35-49, 50+	7.5 km	5 x 1.5 km PSPS (Orange)	4.5 km	3 x 1.5 km PS (Orange)
Adult 1 Ecoaims Prone Only	17-34 35-49 50+	7.5 km	5 x 1.5 km PPPP (Orange)	4.5 km	3 x 1.5 km PP (Orange)
U11 Ecoaims	10 and younger	2.8 km	4 x 700 m PPP (Black)	2.1 km	3 x 700 m PP (Black)
Para	Open	TBD	TBD	TBD	TBD

As per the Biathlon North America Hosting Policy (available [HERE](#)), the classes of competition for the NorAm event are Men/Women (22+), Junior Men/Women (19-21), and Youth Men/Women (15-18). BC Cup classes of competition are found at Biathlon BC Hosting Policy available [HERE](#)

### 2.3 Entry Fees and Registration

\$45.00 per athlete per competition

All individuals who wish to attend, including athletes and coaches, must register in advance. Registration will open on Zone4 on Monday, October 28, 2024 and will close at 23:59 Pacific Time on Sunday, December 1, 2024. Register through the Zone4 registration link [HERE](#). Payment must be made using a credit card. No entries will be accepted after this time.

### 2.4 Cancellation Policy

There are no refunds if a competitor does not show up for the competition. Zone4 processing fees will not be refunded for any reason. If a competitor withdraws at least one week prior to the event (by 23:59 on December 6, 2024) they will be refunded less an administration fee of \$10 per competition.

If the event is cancelled one week ahead (before December 6, 2024) the registration fees will be refunded in full. If unforeseen circumstances cause cancellation closer to the event, the organizers may retain entry fees sufficient to ensure no loss against monies already spent.

If the event is cancelled on the competition weekend due to severe cold weather or force majeure, no refund of registration fees will be made.

### 2.5 Trail Passes

Trail and Range passes will be provided for Coaches and Athletes on Official Training and Competition Days. Should you wish to train prior to Friday, December 13, 2024, you are requested to contact the Biathlon Head Coach, Eric Schryrer at [biathloncoach@sovereignlake.com](mailto:biathloncoach@sovereignlake.com). Anyone using SLNC trails must purchase a day ticket. Tickets can be purchased online through the Sovereign Lake webstore [HERE](#) or in person at the Day Lodge.

### 2.6 Volunteers

We need you! We have many volunteer roles available and will provide training, if needed. Please let us know if you are available to help by contacting Lynn Algra at [biathlon@sovereignlake.com](mailto:biathlon@sovereignlake.com) or signing up [HERE](#)

Volunteers will receive snacks and lunch on days they are available to help out and a trail pass for Sovereign. Volunteers who help both days will receive a buff as well.

## 2.7 Event Schedule

DATE	TIME	EVENT
THUR Dec 12, 2024	19:00	ONLINE TEAM CAPTAINS' MEETING
FRI Dec 13, 2024		OFFICIAL TRAINING
	AM	Morning Classes
	Noon	Ecoaims Rifle Classes
	PM	Afternoon Classes
SAT Dec 14, 2024		INDIVIDUAL COMPETITION
	AM	IBU Classes
	Noon	Ecoaims Rifle Classes
	PM	BC Cup Classes
	5:30pm	Dinner & Awards @ Greater Vernon Recreation Centre
SUN Dec 15, 2024		SPRINT COMPETITION
	AM	IBU Classes
	Noon	Ecoaims Rifle Classes
	PM	BC Cup Classes
		Medal presentation on range following last finisher

\* Please note that the schedule is subject to change based on registration numbers and a detailed schedule will be posted when registration closes.

## 3 Waxing

A Fluoro ban is in effect for this event. Teams are responsible for waxing their own team's skis. An area will be provided for teams to set up their waxing tents for this event.

## 4 Courses

Course maps are posted on the Sovereign Lake Nordic Centre website at <https://www.sovereignlake.com/wp-content/uploads/2017/10/SLNC-Biathlon-COURSE-MAPS.pdf>

## 5 Zeroing Lanes

Zeroing lanes will be assigned by draw based on how many athletes they have competing, with no priority to any team or club. *If you will be zeroing with another Coach/Club/Training Centre other than your affiliated membership club, please indicate this on your zone4 registration.*

## 6 Online Team Captains' Meetings

The Team Captains Meeting will be held virtually on Thursday, December 12 at 19:00. A web link will be sent out after the registration closes.

## 7 Awards & Banquet

North American Cup Medals will be awarded to the top 3 competitors in each of the following IBU categories: Men/Women, Junior Men/Women and Youth Women/Men.

Biathlon BC Medals will be awarded to the top 3 competitors in the following male and female categories: U17 Standing, U17 Prone, Development 2 and Development 1 and Para.

Sovereign Lake Nordic Club Medals will be awarded to the top 3 competitors in the following male and female categories of each of the 4 Adult classes, irrespective of age.

The individual competition medal presentation will be awarded after dinner at the Banquet

**Banquet:** Lasagna Dinner will be served on Saturday **December 14th at 5:30pm** at the Greater Vernon Recreation Centre (Creekside Conference Centre - 3310 37th Avenue, Vernon). **Tickets \$30.**

Vegetarian and Gluten free options available. Tickets can be purchased on Zone4.

## 8 Lunches & Volunteer Food

Drinks and snacks will be available to racers at the finish line.

Hot lunches will be available and must be pre-ordered through zone4. There will be a limited hot lunch for purchase at the race event. All volunteers will receive hot lunch at no cost.

A limited selection of packaged food and drinks are also available for purchase at the Sovereign Lake Day Lodge. Full service restaurants, cafes, pubs and a small grocery store are available at Silver Star Mountain Resort (3 km away)

## 9 Accommodations

Best Western Pacific Inn and Best Western Premier Route 97 Vernon are offering special event pricing for teams looking to book hotel rooms in Vernon.

The master block name to book discounted rates is: **BC Cup Race 1/NorAm Biathlon Event. The cut-off date to book is November 15th, 2024.**

Please make reservations using the link below or call the hotel directly to book rooms under Group ID# 1681.

[https://www.bestwestern.com/en\\_US/book/hotel-rooms.62133.html?groupId=5R7SH3E3](https://www.bestwestern.com/en_US/book/hotel-rooms.62133.html?groupId=5R7SH3E3)

### Best Western Pacific Inn Vernon:

6 Kitchenette rooms (2 queen beds + pullout sofa) at \$139.00 + tax

Standard double queen rooms at \$129.00 + tax

King + pullout rooms at \$129.00 + tax

Hotel Direct Line to book: (250) 558-1800

### Best Western Premier Route 97 Vernon:

Standard double queen rooms (2 queen beds + pullout sofa) at \$139.00 + tax

Mini Kitchen with King beds + pullout sofa at \$149.00 + tax

Hotel Direct Line to Book: (250) 558-5000

20% off of lunch/dinner at our onsite restaurant *RB Bar & Grill*.

For all on mountain accommodations please connect with **Silverstar Stays** <https://silverstarstays.com/>

*We look forward to seeing everyone at Sovereign!*  
Sovereign Lake Nordic Biathlon Organizing Committee